

Identifying patients at risk of Type 2 Diabetes using the PEN Clinical Audit Tool

You may wish to identify patients at risk of type 2 diabetes using the PEN Clinical Audit Tool. Practice staff can then send a letter to each patient identified, and encourage them to complete the diabetes risk test.

Identifying patients at risk of type 2 diabetes, using the PEN Clinical Audit Tool:

1. Choose a previous extraction, or click the “Collect” button to extract the latest clinical data for your practice.
2. Click “Hide Extracts”
3. Click “View Filter”
4. Under the General tab, under the Age column, enter 40 in “Start Age” and 49 in “End Age”
5. Under the Last Visit column, choose Active (3x < 2 years)
6. Click the Conditions tab.
7. In the Cardiovascular column, tick the box next to Hypertension.
8. under the Diabetes column, tick No.
9. Click Recalculate.
10. When the Clinical Audit Tool has calculated these patients, click Hide Filter.
11. On the smoking tab, click the legend the “bold” the following items:
 - Daily Smoker
 - Irregular Smoker
 - Ex Smoker
 - Nothing Recorded
12. On the BMI tab, click the legend the “bold” the following items:
 - Morbid (40+)
 - Obese (30-39.9)
 - Overweight (25-29.9)
13. Click the Export button – this will give you a list of patients that fit the criteria.
14. Print the list of patients generated.
15. Within Medical Director (or other software), set up a recall for each patient identified as at risk of type 2 diabetes – you may wish to set up a recall reason “DIABETES TYPE 2 - AT RISK”. (Please note: A template letter to patients is available from the GPNW website. For a Medical Director version see note over page).

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16. Use the MD Recall for the “DIABETES TYPE 2 – AT RISK” and send a mail merge letter to the patients and include a copy of the diabetes assessment tool (AUSDRISK) for them to complete, along with other diabetes prevention information available from Diabetes Tasmania.

Please Note: The patient template letter, Medical Director template and AUSDRISK assessment tool can be downloaded from General Practice North West website. Located under Programs – Prevention of Type 2 Diabetes Program – Practice Information

<http://www.gpnw.com.au/cdm.html>

For further assistance please contact:

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