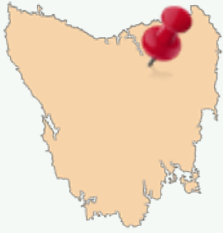




*The Benchmark Group*  
*excellence in education*



**Launceston Tasmania - February 2012**



GENERAL PRACTICE  
north



GENERAL PRACTICE  
north west

**The Benchmark Group, with the support of  
General Practice North and  
General Practice North West, are pleased to offer  
a range of Nationally Accredited Courses.**

**Wound Management  
(Complex Issues and Management)**

Wednesday 22nd and Thursday 23rd February 2012 - 9am Start to 4pm both Days

**Course in Ear Irrigation**

Monday 27th February 2012 - 10am Start to 4pm

**Course in Wound Closure and Suturing**

Tuesday 28th & Wednesday 29th February 2012 - 9am Start to 4pm both Days

**Perform Blood Collection**

Tuesday 28th February 2012 - 6pm Start to 9pm

**The Benchmark Group Pty Limited**

Registered Training Organisation No. 21824

P 1300 855 568 F 1300 855 572 E [courses@benchmarkgroup.com.au](mailto:courses@benchmarkgroup.com.au)

or visit us today at: [www.benchmarkgroup.com.au](http://www.benchmarkgroup.com.au)



## Wound Management

### Complex Issues & Management

(\$840.00 per Participant)



In the words of Lord Joseph Lister (1867) “skin is the best dressing”.

Without skin, humans will succumb to infection and die. When skin is broken the resultant wound requires immediate and appropriate management to restore function and form.

The science and practice related to repairing the integumentary system is known as wound management.

**Target Group:** The Nationally Accredited Wound Management Program is a course designed to develop the knowledge, skills and competencies required for Nurses & relevant allied healthcare workers in the prevention, assessment and management of complex wounds.

Day 1 covers the following topics:

- Understanding skin, infection issues and hand washing
- Normal Wound Healing Physiology
- Factors Influencing Healing
- Known physiological differences between acute and chronic wounds
- Understanding factors that may have an impact on normal healing physiology
- Identifying what the wound tissues require in order to restore the correct healing pathway
- Reviewing Wound Products within Australia
- Skin tears
- Skin Abrasions
- Superficial partial thickness burn management
- Small deeper partial thickness and full thickness burns
- Pressure injuries
- Ulceration of lower legs
- Common skin conditions
- Wound Assessment and Wound Classification
- Photo Documentation

For Day 2, participants need to be prepared to roll up their sleeves as we spend the day undertaking practical application of a comprehensive range of wound management products and dressings.

At the conclusion of the program, successful participants will be issued with a Nationally Accredited Statement of Attainment in Wound Management.



## Course in Ear Irrigation

(\$325.00 per Participant)



The Course in Ear Irrigation is designed to develop the knowledge and skills required for health professionals to safely assess the need for and perform this procedure.

The course is ideally suited to Registered Nurses (Division 1), Enrolled Nurses (Division 2) and Indigenous Health Care Workers.

At the successful completion of this course the clinician should:

- Have a good knowledge and understanding of the anatomy and physiology of the ear
- Be able to perform an Ear Health Examination
- Assess if ear irrigation is required and can be performed safely and when to refer
- Give the patient a comprehensive explanation of procedures and examination findings
- Safely perform an ear irrigation procedure & provide post procedure instructions to the patient
- Outline any follow up required and make appropriate specialist referrals as needed
- Document the examination findings, procedure and outcome in the patient's history





## Course in Wound Closure & Suturing

(\$1085.00 per Participant)



The Course in Wound Closure and Suturing is a two day program designed to develop the knowledge and skills required for Nurses and relevant allied healthcare workers to safely assess the need for and perform this procedure in a variety of settings.

Participants will learn to:

- Close wounds using a variety of methods and materials including Sutures, Staples, Glue and Strips.

Types of suturing will include:

- Single interrupted, vertical mattress, skin flap closure, subcuticular deep and superficial closure including closing biopsy and excision sites.

The two day workshop includes the following topics:

- Wound Assessment, Types of Wounds, Local Anesthesia, Closure Methods & Materials, Simulated Wound Closure, Practical Techniques, Assessment, Documentation, Follow Up, Referral as well as Assessment tasks.



## Perform Blood Collection

(\$145.00 per Participant)



Perform Blood Collection or Venepuncture is the process of obtaining intravenous access for the purpose of obtaining a sample of venous blood. The drawing of blood is one of the most common and important diagnostic tools available to clinicians in healthcare.

On completion of this program you should be able to:

- Identify and obtain clinical and personal relevant data for blood collection
- Choose the appropriate equipment for blood collection
- Perform the blood collection procedure
- Discuss the considerations that influence the correct selection of blood collection equipment including size and type of needle and collection site
- Post blood collection procedures including patient care, documentation & follow up
- Trouble shoot problems
- Discuss and manage possible complications



### Coming Soon in 2012

#### Graduate Certificate in Advising on Chronic Disease Self Management

Why is it that in an age when we have so much information on health, lifestyle, diet, disease it's cause and it's prevention, when we spend billions of dollars on research, education, prevention programs do we have more of our population suffering from chronic disease than ever before?

The Centre for the Advancement of Health define Chronic Disease Self Management as the person with the chronic disease engaging in activities that protect and promote health monitoring and managing the symptoms and the signs of illness, managing the impact of illness on functioning, emotions and interpersonal relationships and adhering to treatment regimes.

The Advisors role acknowledges that one person or organisation does not need to provide everything for self-management support. The skill to identify what will best meet a persons needs, know what options are available, how to access support and reinforce messages given by other health care professionals are paramount to the role.

The Vocational Graduate Certificate in Advising on Chronic Disease Self Management provides nurses, and allied health professionals such as physiotherapists, dietitians, occupational therapists and Indigenous Health Care Workers with the skills and knowledge to work collaboratively with clients who have chronic disease/s or conditions to assist them to improve their health outcomes.

To find out more about our limited 2012 intake - simple [Click Here](#) or call us on 1300 855 568.

Launceston 2012

Venue: Launceston Aquatic  
18A High Street  
Launceston Tasmania 7250

[Click here to see a Map of the venue](#)



- Wound Management (\$840.00)
- Course in Ear Irrigation (\$325.00)
- Wound Closure and Suturing (\$1085.00)
- Perform Blood Collection (\$145.00)

First Name:

Last Name:

Name as it should appear on Certificate:

Date of Birth (required as proof of identity):

Clinic / Business Name:

Qualification:

Mailing Address:

Work  Home

Suburb:

State:

Post Code:

Phone:

Fax:

Mobile:

Dietary Requirements:

Email Address:

How did you find out about this course?

Signature:

I wish to receive the Benchmarque Group Electronic eNewsletter

Yes  No

**Payment Options:**

- Pay Now (10% discount applies)
- Pay by Invoice (payment required prior to training)

Payment Method  Direct Deposit  Cheque  Visa/MasterCard

Name on Card:

Card No.

Expiry Date:

Account Name: Benchmarque Group BSB: 083155 Account No. 599265055 Reference: Invoice No. & Name

Please send form & cheque to: The Benchmarque Group PO Box 398 South Yarra Victoria 3141

*It is a requirement that your Invoice be paid in FULL a minimum of 10 days prior to attending your workshop.  
If you are unable to attend or want to transfer your registration - please contact us on 1300 855 568*